

# 2021 NOVEMBER



## Dittmar Varsity Generation

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Calendar schedule is subject to change	<b>1</b> 9:30 Meet & Greet 10:00-11:30 Strength & Stretch w/Patti	<b>2</b> 9:30 Meet & Greet 10:00-11:30 Crafting w/ Angie	<b>3</b> 9:00-10:00 <u>Dittmar GOLDEN ROLLERS</u> 10:30 Chair exercise	<b>4</b> 9:30 Meet & Greet 10:00-11:30 Fun and Easy 2 Sew	<b>5</b> Meet & Greet 10:00- 11:30 Line Dancing weight room workout	
<b>7</b>	<b>8</b> 9:30 Meet & Greet 10:00-11:30 Strength & Stretch w/Patti	<b>9</b> 9:30 Meet & Greet 10:00-11:30 Crafting w/ Angie	<b>10</b> 9:00-10:00 <u>Dittmar GOLDEN ROLLERS</u> 10:30 Chair exercise	<b>11</b> 9:30 Meet & Greet 10:00-11:30 BINGO- LOTERIA	<b>12</b> Meet & Greet 10:00- 11:30 Line Dancing weight room workout	
<b>14</b>	<b>15</b> 9:30 Meet & Greet 10:00-11:30 Strength & Stretch w/Patti	<b>16</b> 9:30 Meet & Greet 10:00-11:30 Crafting w/ Angie	<b>17</b> 9:00-10:00 <u>Dittmar GOLDEN ROLLERS</u> 10:30 Chair exercise	<b>18</b> 9:30 Meet & Greet 10:00-11:30 Fun and Easy 2 Sew	<b>19</b> Meet & Greet 10:00- 11:30 Line Dancing weight room workout	
<b>21</b>	<b>22</b> <b>Closed no senior program</b>	<b>23</b>	<b>24</b>	<b>Happy Thanksgiving</b>		<b>27</b>
<b>28</b>	<b>29</b> 9:30 Meet & Greet 10:00-11:30 Strength & Stretch w/Patti	<b>30</b> 9:30 Meet & Greet 10:00-11:30 Crafting w/ Angie	9:00-10:00 <u>Dittmar GOLDEN ROLLERS</u> 10:30 Chair exercise	9:30 Meet & Greet 10:00-11:30 Bingo game day, UNO, Cone hole, Mexican train	Meet & Greet 10:00- 11:30 Line Dancing weight room workout	<u>limited space with SASAC</u> <u>GOLDEN ROLLERS Friday'</u>

Dittmar Recreation Center -1009 W. Dittmar Rd Austin Tx 78745 512-974-6090



[austintexas.gov/varsitygeneration](http://austintexas.gov/varsitygeneration)

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